

Aum Amriteshwaryai Namah

Welcome to the monthly newsletter of Amma's Madison Satsang

Dedicated to Sri Mata Amritanandamayi Devi, also called "Ammachi", "Amma", "Holy Mother" and "Amma".

Her mission in life is to awaken the Infinite Divine Power within everyone and lead humanity along the right path of selfless service and love for others.

*Pure music is as big as space.
It is God.
It is the secret
of allowing the sound of the universe
to flow through you.*

-Amma-

Amma returns to Amritapuri...

Amma's home! The last few days the ashram residents have been busy thoroughly cleaning the ashram grounds. The excitement has been palpable. Most have not seen her since she left for Europe in October. During the afternoon, rumors about her arrival time abounded.... 6:00? 6:30? 7:00? 8:00? Around 5:30 p.m. I noticed the brahmacharinis were gathering

near Amma's house so I decided to join them. Amidst a reverent silence everyone chanted Sri Lalita Sahasranama Stotram. Afterwards some of the girls led bhajans. This was my idea of heaven!

A young boy, perhaps 7 or 8, led some bhajans also.... later he entertained the girls by making mudras and poses associated with some of the gods and goddesses, such as Kali, Krishna and Ganapati.

It looked like they expected Amma to be brought to her house via car. All of a sudden, though, everyone stood up and rushed towards the gate that is in-between the multimedia office and Amma's house. Instantaneously there were four times the number of people in the space around that gate. I have never seen her enter there. The area is so small.... how will she ever get in?

I ended up about ten feet away from the gate although there were so many people packed in I didn't think I would see much. The level of excitement in the group was huge! After many false alarms there was Amma! She made her way through the crowd and climbed the stairs to her house. After being garlanded, she turned around and joked with the girls. There was a light behind her but the stairway was dark so we could only see her form. Just before she went into the house someone brought a lantern. There was a collective gasp of delight as everyone was finally able to see her face.

Afterwards I discovered the courtyard outside her house was filled with hundreds of happy devotees. In my focus on the wait for Amma I had not been aware of how the area had transformed. I imagine all of us went to bed with excitement, contentment and anticipating wondering, "Will she come for

meditation tomorrow?" "Will she comes for bhajans tomorrow night?" "What's next?" Amma's home!

Posted by Amrita on Dec. 10, 2008

IAM Training in Madison

We are happy to announce that IAM -
Integrated Amrita Meditation Technique
will be offered again in Spring 2008
Date and location to be determined.

For more information e-mail ammamadi@verizon.net

The IAM - Integrated Amrita Meditation Technique® is a
powerful way to
reconnect with our real center, our inner Self, and thereby
experience true
joy and peace in life. Born out of Amma's deep resolve for our
spiritual
enhancement, this technique, when practiced with dedication,
is designed to
bring about integration in our lives - an integration of body,
mind, intellect and heart.

For details please see <http://www.amma.org/events/iam.html>.

Upcoming Local Amma Events

*(All events are at Madhu and Sajan's home unless otherwise specified.
Directions are at the end of this calendar.)*

****MADISON SATSANG WILL NOT MEET IN DECEMBER.
REGULAR ACTIVITIES WILL RESUME IN JANUARY 2008****

January 8, 5 pm (Tuesday) - Service at Community Meals Program (lasagnas needed).

January 20, 1 pm (Sunday) - Chanting of Lalitha Sahasranama (1000 Names of the Goddess). You are welcome to join this practice whether or not you stay for the meeting that follows. You are also welcome to attend even if you are not familiar with the practice. It provides a wonderful atmosphere in which to meditate. We have a few spare chanting books in various languages (English, Telugu, Tamil, Hindi and Kannada) if you want to join.

"This worship will bring prosperity to the home and peace to the world. It will be an atonement for sins committed. One will gain strength, longevity and good health. Every nerve in our body will be vitalized by the Thousand Names of Sri Lalitha. The atmosphere will be purified. Mother is making a resolve that the effects of undesirable planetary conjunctions, evil forces and other negative energies will be counteracted by the worship." —Amma

January 20, 2 pm (Sunday) - Monthly satsang meeting. Includes Amma's teachings, Amma's bhajans (devotional songs), arati (waving light before Amma's picture) and a vegetarian potluck. First timers are welcome to come and enjoy the meal without feeling obligated to bring anything.

January 21, 6 pm (Monday) - Service at Grace Church Homeless Shelter

Custom note: Our more traditional Hindu members prefer the offerings to be egg free.

**For events in Milwaukee, contact AmmaMilwaukee@gmail.com
For events in Oakbrook , IL , contact bcnair3021@gmail.com**

For events in Fairfield , Iowa , contact info@amma-fairfield.org

For events in downtown Chicago , contact rebeccaanderman@hotmail.com